



MY BOOK OF

# NOT SO SCARY BUGS

BUGS I CAN DISCOVER AND TOUCH

[Playdatebox.com](https://www.playdatebox.com)



# **Sometimes bugs seem scary.**

They might have big eyes,  
or hairy legs,  
or parts that look like they will pinch or sting.



**But some bugs are  
safe to touch if you  
hold them  
carefully.**

If you are afraid to hold them, you can still look at them. Bugs are very interesting creatures.



# Mantis

A mantis is sometimes called a "praying mantis" because of the way it holds its front legs. It hunts and eats other insects like crickets and grasshoppers, but it will even eat a hummingbird if it can catch one. They are safe to touch if you are very careful.





# Ladybug (Ladybird beetle)

Ladybugs are very helpful. They eat other bugs that ruin flowers and other plants that we eat. Ladybugs are colorful. The bright color on a ladybug's body warns other bugs: "Don't eat me. I taste icky."

Ian Lindsay



# Caterpillar

Bugs can get hurt, or cold, or hungry just like people do, so it's important to be careful with any bugs you touch. If you catch a bug like a caterpillar, you can look at it for a while and then let it go again. A caterpillar will turn into a moth or a butterfly.



# Roly poly

Some people call this a potato bug, but scientists will tell you it's not really a bug. It's a crustacean. Some species of roly poly will roll into a ball if they are threatened. If you wait a few seconds, they will unroll and crawl on your fingers or hands.



# Katydid

Katydids can hide in trees because they look almost like a leaf. They make a chirping sound at night and some people think it sounds like someone saying, "Katy did, Katy didn't."



This QR code lets you listen to katydids chirping.





# Firefly (Lightning bug)

If you are lucky enough to east of the Rocky Mountains, you might live in a place where you can see fireflies at night. Not all fireflies flash. Most species that live west of the Rocky Mountains do not. You can keep fireflies in a jar for an hour or two to look at them up-close.

