

Sing Your Favorite
Song

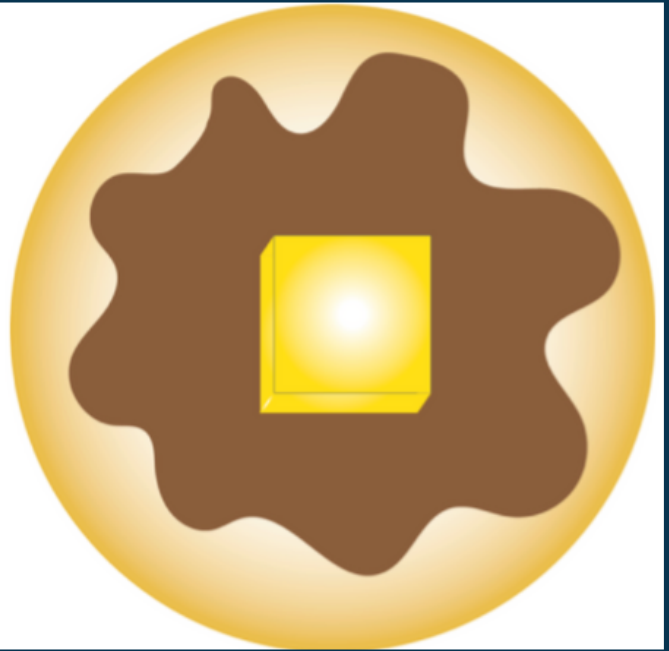
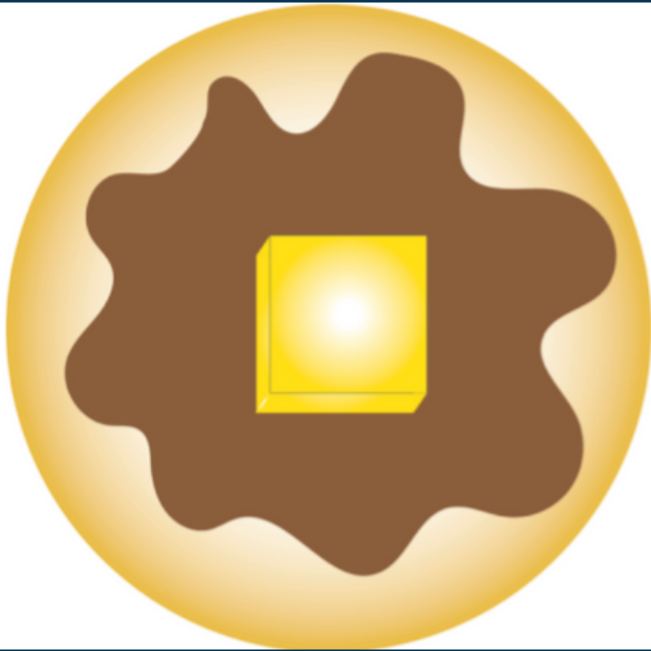
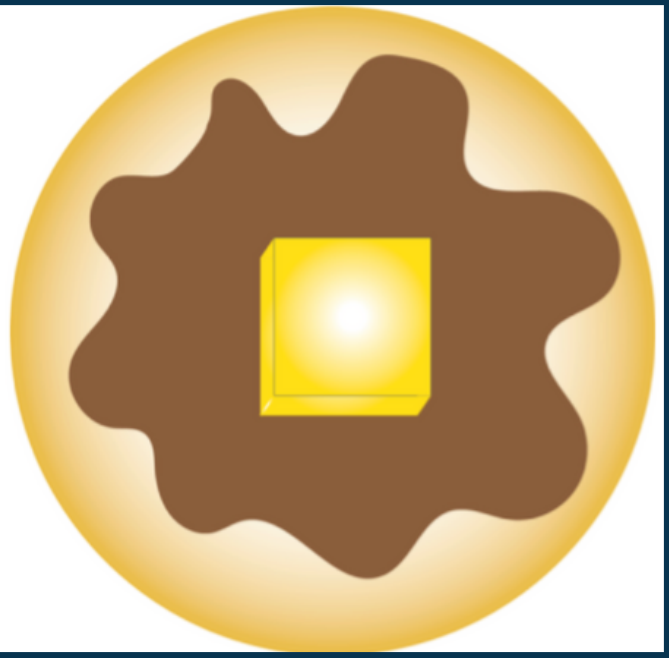
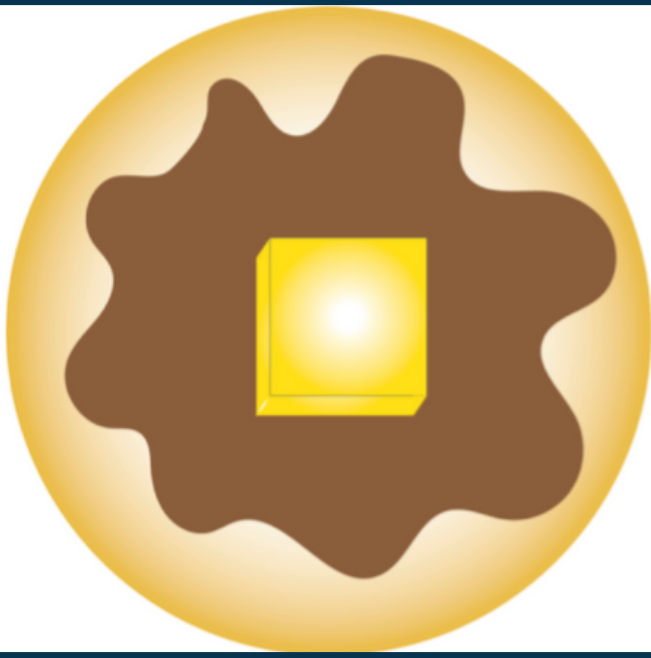
Bend over and grab
your toes. Walk across
the room.

Say the alphabet
forwards, then backwards.

Walk 10 steps backwards,
then turn around
and come back.

Stretch your hands,
feet, and head as
high and as
far as you can.

How many body parts
can you wiggle?
How many can you bend?



Hop on one foot,
and then the other

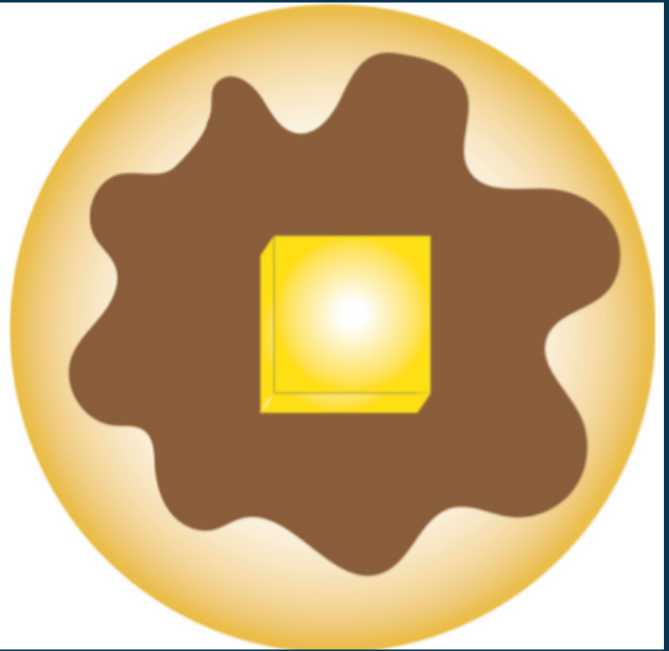
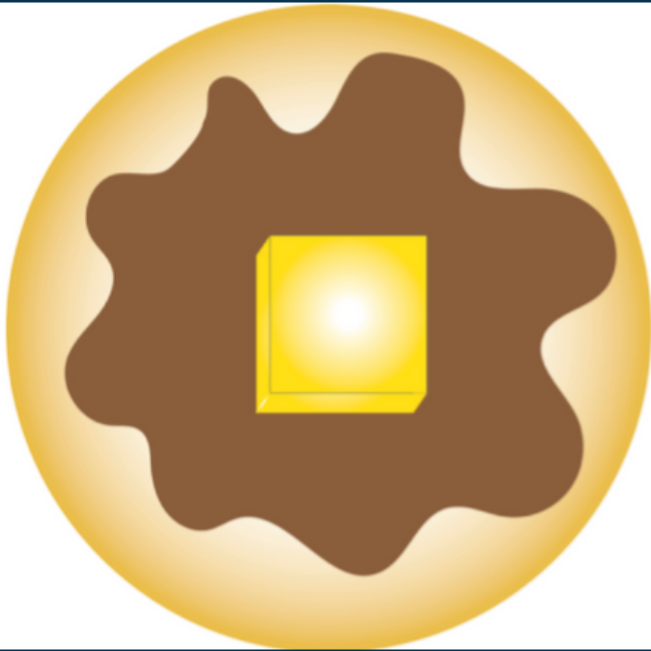
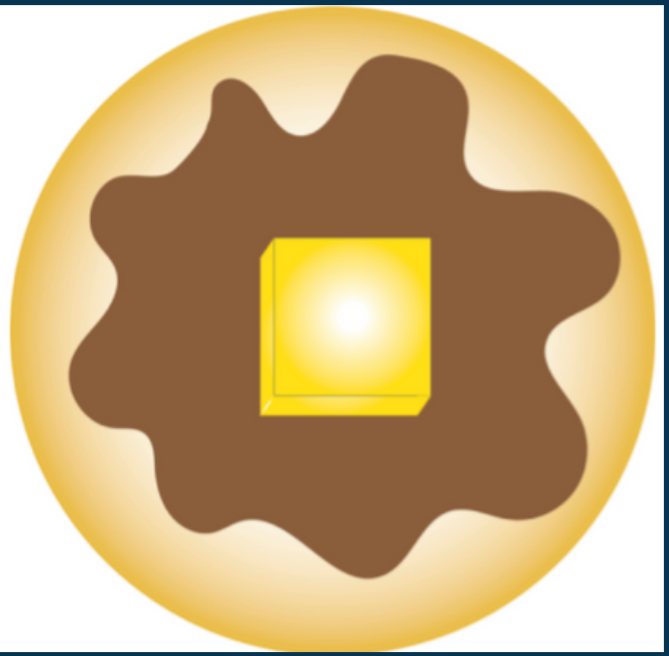
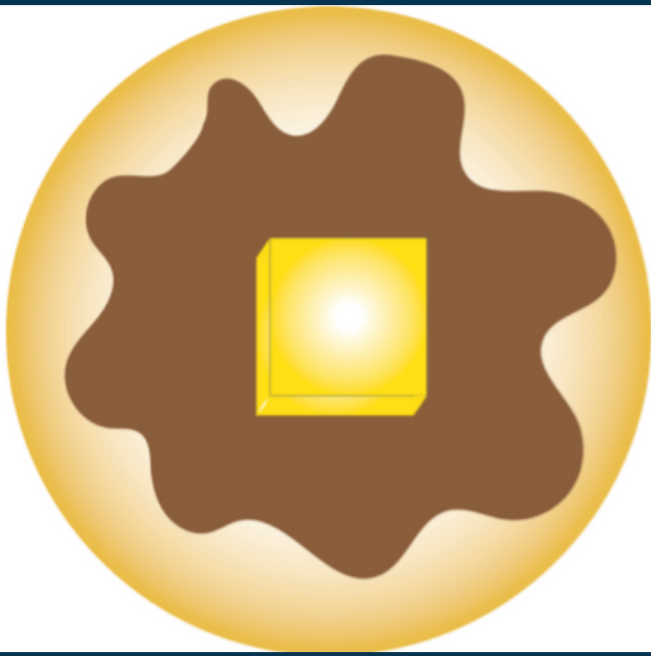
Spin in a circle
until you get dizzy.

Can you sing the
alphabet in a
duck's voice?

Make your silliest
face.

You choose an activity
for everyone
to follow.

Do a forward roll.



Count from one to ten
and then back again.
Can you do it in another
language?

Find something
in the room that is
Red
Green
Blue
Yellow
Your favorite color.

Pat your head
and rub your
belly at the
same time.

Do something
that makes
the other players
laugh.

You choose an activity
for everyone
to follow.

Do a forward roll.